

## Lungwort (*Pulmonaria*)



The metallic silver spots and markings on lungworts such as ‘Roy Davidson’, in the photo at left, catch even the tiniest bit of light and reflect it, making a shady area seem brighter. Pink, blue or white flowers open in late winter, as soon as they poke up through the soil, and last for a month. When they finish blooming, cut all of the spent stems down to the low rosette of new leaves. Soon the leaves will expand to form a mound of fresh foliage. This pruning also prevents seedlings that may not match the parent plant, varying in flower color and leaf markings.

Plant lungwort near a path where you can easily spot the flowers. Since the summer foliage is low, it makes an ideal edging. Or, use it as a ground cover in small areas.



### Lungwort *Pulmonaria* hybrids and spp.

**Size** 14 in. tall by  
18 in. wide

**Bloom** Late winter to  
midspring

**Soil** Well-drained to dry

**Light** 4 hrs. of morning  
sun to dense shade  
under trees

**Cold-  
hardy** USDA zones 5 to 8

**Heat-  
tolerant** AHS zones 8 to 1